

WHAT IS CLAIMED IS:

1. A sanitary tampon comprising:
a single layer absorber folded into a plurality of layers and compressed into a column shape over its entirety while maintaining a layered structure, said single layer absorber including an absorbent layer made of an absorbent fibrous material and a hydrophobic liquid-permeable layer covering both surfaces of the absorbent layer, the absorbent layer having a plurality of small open recesses in both surfaces of the absorbent layer and extending toward an inner area of the absorbent layer,

wherein prior to compression, the small open recesses have an opening diameter of 0.5 to 1.0 mm and a depth 1 to 5 mm, and are distributed in a density of 1 to 10 recesses/cm².
2. A sanitary tampon comprising:
a single layer absorber folded into a plurality of layers and compressed into a column shape over its entirety while maintaining a layered structure, said single layer absorber including an absorbent layer made of an absorbent fibrous material and a hydrophobic liquid-permeable layer covering both surfaces of the absorbent layer, the absorbent layer having a plurality of small open recesses in both surfaces of the absorbent layer and extending toward an inner area of the absorbent layer,

wherein the small open recesses are formed by embossing the absorbent layer prior to compression so that a fiber density of the absorbent layer is increased in a vicinity of the small open recesses.
3. A sanitary tampon as set forth in claim 2, wherein the fiber density of the absorbent layer is also increased at positions between small open recesses formed in one face of the absorbent layer and respective corresponding small recesses formed in another face of the absorbent layer.

4. A sanitary tampon as set forth in claim 1, wherein the absorbent layer is formed of a fibrous web comprising rayon, and the hydrophobic liquid-permeable layer is formed of a spunbonded nonwoven fabric comprising polyethylene terephthalate.
5. A sanitary tampon as set forth in claim 1, wherein the absorber is folded into a general M shape so as to have four layers stacked one on another.
6. A sanitary tampon as set forth in claim 2, wherein the absorbent layer is formed of a fibrous web comprising rayon, and the hydrophobic liquid-permeable layer is formed of a spunbonded nonwoven fabric comprising polyethylene terephthalate.
7. A sanitary tampon as set forth in claim 2, wherein the absorber is folded into a general M shape so as to have four layers stacked one on another.